





**Building Positive Working Relationships** 

## What is Visosport?



A revolutionary new process that enhances staff physical and mental wellbeing. We play a wide range of challenging and original games.



Immersive, active, problem-solving games challenge staff to experiment. This improves cognitive function and helps them motivate and support each other.

Each game lasts about 10 minutes, challenging every person to problem-solve quickly. Staff are guided to try new options until they find a personalised solution.

Every team-member is extended through a wide-range of activities, suiting different skillsets, which empower staff to lead by example.

Our active games offer an organic environment for developing stronger teams by removing boundaries and stimulating social interaction







"It is revolutionary, such a simple methodology. It's inclusive and offers so much fun. You learn key skills in hand-eye, movement and teamwork and you're always laughing."

Stuart, Area Inclusion Manager

"Really enjoyed Visosport.

Have never laughed so much whilst exercising; not just the body but the brain too."

Kelly, Celebrant



Activity Package	No of People	Price
<ul> <li>90 minutes of 8 x 10 minute games</li> <li>Full support from Visosport Staff</li> <li>Tailored to your staff's needs</li> <li>At or near your place of work</li> <li>Daytime or evening sessions</li> </ul>	6 - 15	£300
	16 - 24	£400
	25 - 40	£500
	40 - 60	£600
After Session Hospitality	Level	Price
<ul> <li>A seated area to reflect and socialise</li> <li>Tea, coffee and water</li> <li>Silver: Classic and vegetarian sandwich platters, wrap platter, mini sausage rolls, mini pork pies, cesar salad, pasta and a</li> </ul>		
<ul> <li>Tea, coffee and water</li> <li>Silver: Classic and vegetarian sandwich platters, wrap platter, mini sausage rolls,</li> </ul>	Silver	£12 (per person)





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## **Developing Teamwork Through Play**