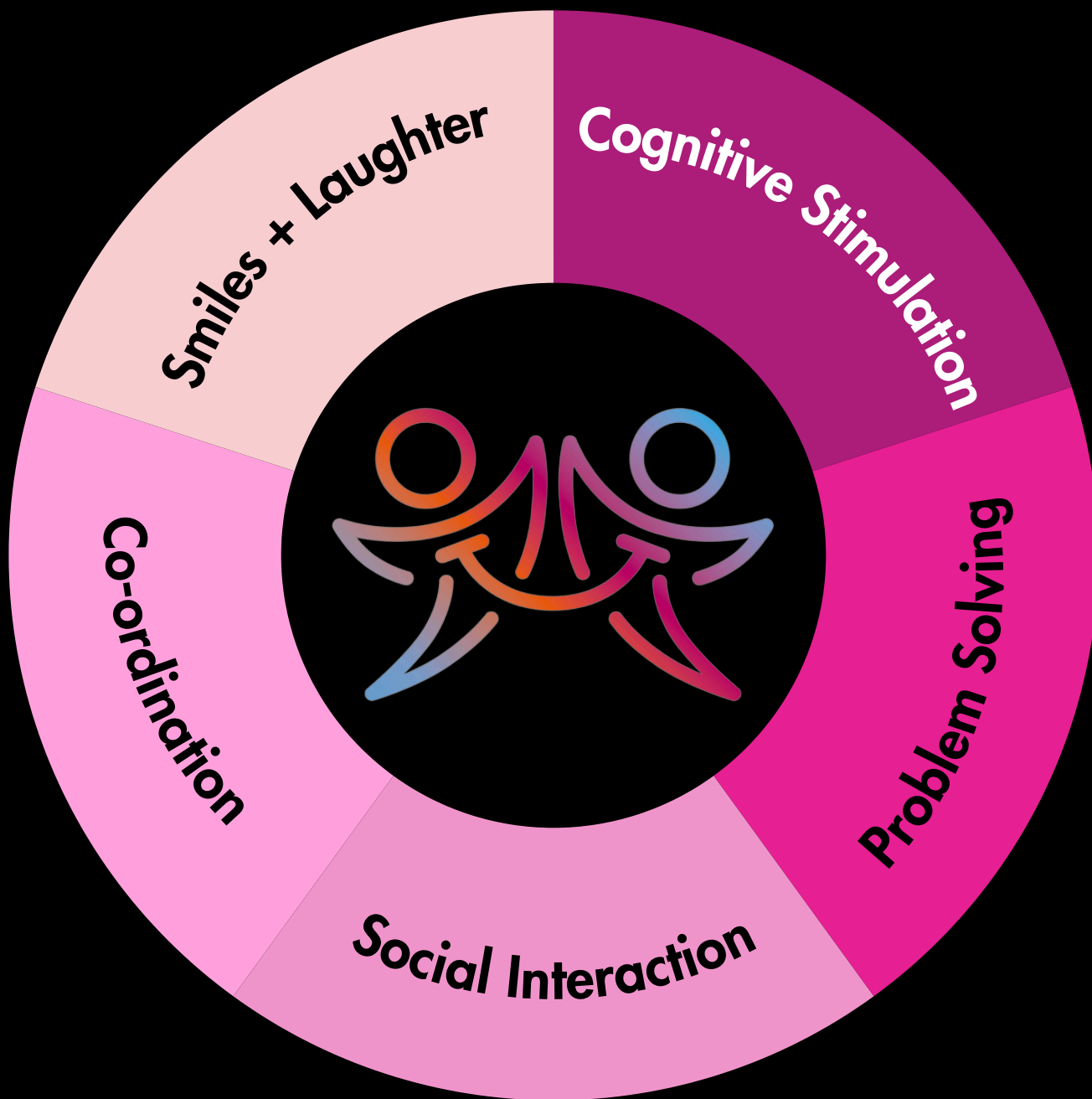




Care Home Active Social Games



VISOSPORT
FUN | FITNESS | FRIENDS



Maximising Resident Wellbeing

What is Visosport?



Interactive games that stimulate residents' communication and social opportunity. Cognitive function is enhanced through dynamic, thinking games. It's great fun for staff who build trust with residents through the immersive games, leading to smiling faces all round.



Visosport has devised many problem-solving games that challenge residents through immersion, experimentation and communication. Each session includes a selection of these games to increase strength and co-ordination and improve cognitive development.

Each game lasts about 10-minutes. Every resident is challenged to problem-solve quickly and guaranteed success. Games guide residents to try new options until they find effective, personalised solutions.

These shared experiences enhance the environment that will be talked about for weeks to come.



Noughts and Crosses

1v1 game. Simultaneously, each resident takes one of their coloured beanbags at a time and throws/places it towards/on a central cone. The first person to get 3 beanbags in a row wins. Residents multi-task by both considering their own tactics and blocking their opponent. Whilst challenging, anyone can win, stimulating dynamic thinking.



"Why Do a Workout When You Can Play Smart"

Each home is offered an initial complimentary session to discover the impact on residents. Further sessions can be booked on a weekly, every other week or monthly basis.

We shall email you our availability and the next three dates for each timeslot. Contact us back with the most suitable timeslot for us to book you in.

There is a set fee for each session. Multiple sessions can be booked, close together during the same day, at a reduced rate, as travel is reduced.

Care Home Package	Frequency
• 60 minutes: 6 x 10 minute games • Full support from our Facilitator • Tailored to your residents' needs • We travel to your care home • Daytime and weekend sessions are available	Weekly
	Every Other Week
	Monthly

“Exercise that Doesn’t Feel Like Exercise”



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visosport.net/carehomes



Images at Little Brook House

"I enthusiastically recommend Visosport. I have the pleasure to work with them and witnessed their dedication to everything they do. My residents love the games, and we see the enthusiasm and happiness on their faces and their body language means all.

Thank you for the great job you do making the difference to our residents and staff's lives"

Maria Rodrigues, Home Manager, Oakland Grange Care Home in Southsea, Portsmouth

"Visosport is an excellent addition to our activities. It has quickly become a resident favourite, bringing energy, laughter, and connection to every session. Our residents thoroughly enjoy taking part. They're always fully engaged, smiling and laugh throughout"

Kiya McFarlane, Wellbeing Coach, Templeton Place Care Home in Nursling, Southampton

Rediscovering Forgotten Youth