Factfile

Category
Tactical and Chance

Competition Type Simultaneous, isolated, opposed

Area Dimensions 5m x 2m - 10m x 2m

Number of Players

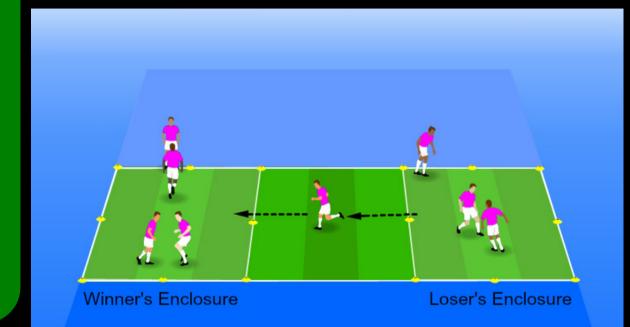
Time Per Game 5 - 10 minutes

Objective
To win some 1v1 chance contests.

Equipment

• 16 Marker Cones

4) Rock, Paper, Scissors



Created using SoccerTutor.com Tactics Manager

Safety Tips

- Pivot on the ball of your foot when spinning to be fast but not over stretch ankles/knees.
- Be aware of each other when moving to another enclosure.

Tips For Success

- Consider what the most common action opponents make is to predict the winning action to make.
- Be ready for the draw so you can respond by spinning quickly.

Independent Personalisation

 Play different players each time to challenge yourself against different tactics.



Rules

- Players split equally amongst the 'Winner's Enclosure' and 'Loser's Enclosure'. Players then pair up with each other.
- Each pair plays a whole body version of 'Rock, Paper, Scissors'.
- The person that wins remains/moves to the 'Winner's Enclosure', whilst the person that loses remains/moves to the 'Loser's Enclosure'. Both players then find a new partner to play with.
- If both players make the same shape, they both spin to pretend shoot each other. The first one to do so, wins.